



The Penn Brancher

Newsletter Update for the Penn Branch Citizens Civic Association

Next Meeting: Tuesday, June 11, 2019-- 7:00 PM

in the **Pennsylvania Baptist Church** basement community room, rear parking area

Our Mantra: A Community That Comes Together Stays Together

PENN BRANCH RESIDENT AND PEDIATRICIAN Thank you Dr. Jan Burton for presenting and sharing your vision with our Penn Branch Community on high quality, not rushed, holistic, and personalized health care for our families. For more information, please visit: www.healthyhomepediatrics.com or call Dr. J at 202-930-9669.

CASEY TREES: RESTORATIVE WALK IN PENN BRANCH PARK – Casey Trees and the DC Department of Parks and Recreation, will be hosting a Restorative Tree Walk in Pope Branch Park on Saturday, June 15th from 10:00 am to 12:00 pm. Staff will guide you through breathing and gentle movement exercises to encourage you to ground yourself in nature and to reap the mental and physical health benefits of wellness practice.

Then you will center your focus on trees in the park, learning more about their natural history and the benefits they provide the DC community. This class combines outdoor activity with holistic wellness. If you enjoy yoga outside, a walk in your park, or an hour away from the chaos of the city, this experience is for you! No prior experience required. To register, please visit: <https://www.eventbrite.com/e/wild-and-well-a-meditative-tree-walk-and-mindfulness-practice-tickets-62156075495> Please share with your networks and we hope to see you there!

LET'S PLAY BALL! Come out for sun, fun, and hitting that little white ball on Friday, July 19, 2019 at the Gen. B.O. Davis, Jr. Golf Classic at Andrews AFB. Registration is NOW open. Women and men are invited to play. Proceeds benefit the Youth in Aviation and scholarship programs of the East Coast Chapter Tuskegee Airmen, Inc.

Registration includes greens fees, cart, range balls, gift bag, golf shirt, buffet lunch, awards, and meeting some original Tuskegee Airmen. For additional information and to register, go to www.ecctai.org See you there!
Submitted by: Rosemary Crockett

SUPPORT THE SUMMER CLEAN-UP OF OUR 9-11- GATEWAY PARK

The public works committee needs your help in cleaning-up the 9-11 Memorial Gateway Park. With the hard rains for the past 18 months, weeds are sprouting up everywhere and covering over 14 varieties of summer blooming plants and trees.

Many residents are not able to come to the park when we coordinate a day of clean-up and have suggested we try a new approach for the Summer Clean-up. Below we are listing each task that needs to be done which will allow individuals to choose a task, day and time that they can execute a selected task.

What do we need:

1. Volunteer grass cutters to cut the flat area of the park very low, rake up the debris, bag and remove trash bags to your home trash receptacles.
2. Individuals should team up on a day they can accomplish this. Cutting should re-occur minimally every 3 weeks to keep the flat grass area low.

3. Spraying the paths with a weed killer. Once the solution works, rake the paths of the dead weeds, bag it up and remove it.
4. Clip all bloomed flowers so they will re-bloom in the next season (large flower beds) and remove debris.
5. Clip all dead roses from hedges, trim, shape and remove debris.
6. Trim the holly trees against the fence line and remove all clippings.
7. Sweep the sidewalk on the side of the park and remove any trash.

Donations: of any amount is welcomed to allow the committee to purchase weed killer, food for the flowering plants, small snippers for trimming and refreshments when we conduct a community wide clean-up in the Fall.

Submit all donations to PBCCA - PO Box 6730 Washington DC 20020.

Remember we also can provide community service hours for our young people to participate. Contact: Alberta Paul , Chair Public Works Committee, 202-575-2920 - (home) and 202-316-9311 (cell).

SOLAR ENERGY IS BECOMING MORE PRACTICAL Pepco is back in front of the Public Service Commission asking for rate hikes. This time they are asking for three consecutive years of rate hikes. On average these hikes could be \$8.67 in the first year, \$11.70 and \$13,80 in the remaining years for each homeowner in the District of Columbia.

In the meantime, over the years the price of solar has lowered and the city has created programs for seniors and retirees that provide a grant to this group, making solar an attractive option. Uncapped Area Median Income (AMI) of a resident with one person in a household of \$65,000 (effective 10/2018) makes you eligible for the solar grant program. Call 311 or visit DOEE.DC.Gov/Solarforall to get started.

Low Income Home Energy Assistance Program - If a resident needs assistance in paying any of their energy bills it is not too

late to apply. You may apply on-line at doee.dc.gov/liheap or call 311. This program will pay these bills once during the fiscal year. In addition, there is a permanent reduction in the utility bill option that has been re-funded this year. This program is called Utility Discount Program. Call 311 to expedite enrollment.

UPCOMING EVENT

Penn Branch Community Yard Sale

Date: June 22, 2019 (rain date 06-29-19)

Time: 10:00 am to 3:00 pm

For donations and volunteers please

contact: Joan at joanemck@aol.com or

202-258-4606 and Jessica at

haynesfrnkln@aol.com or 202-581-2712.

SAVE THE DATE

PBCCA Community Day

August 17, 2019

3600 Block of Texas Ave SE

12:00 pm until 6:00 pm

NEW NEIGHBOR: Congratulations!

Jonathan and Marie-Scarlett Hirte on your new baby boy "Jay Hirte Jr."

Reminder—"Of many we are One"

We need your help to keep PBCCA informed about your neighbors who are either sick, shut-in or who have passed. Also, articles can be submitted 10 days prior to the next scheduled meeting to elsonb13@gmail.com.

This publication and update has been brought to you by:

Shannon Thomas, President

Jacquelyn Cannon, Vice President

Kyle Murphy, Recording Secretary

Elson Nash, Correspondence Secretary

Towana Banks, Treasurer

LaVerne Thomas, Parliamentarian

HAVE A WONDERFUL AND SAFE SUMMER!!